

# Pivot first, quit when you're ready.

Pivot works even for those not ready to quit.











## Pivot makes the journey easier

Personalized and non-judgmental, Pivot offers a choice of tools and support.

- Pivot App
- SmartSensor\*
- Free supply of Nicotine Replacement Therapy (NRT)\*
- · Unlimited access to personal coaching
- Online community

\*NRT and the Pivot Sensor are only available to those who smoke cigarettes.

### Pivot's SmartSensor\*

The only quit smoking program with an FDA-cleared device to help you quit. For the first time, you can measure daily improvements and see the impact of changes you make in real-time. Simply skip a cigarette, or delay your next one, and watch your carbon monoxide levels drop.

#### Clinically proven to:



motivation to quit







### **Get Started!**

Pivot is **FREE** for Automatic Sprinkler Local 281, U.A. Welfare Fund active participants, pre-Medicare retirees, and pre-Medicare eligible dependents age 18 and over.

Scan the QR code with your phone's camera or visit **pivot.co/ASF281**. Use access code **ASF281**.

**Need help quitting vaping?**We've got a solution for that too!